

# Join us for this internationally proven program for community resiliency in Robinvale.

Research shows that resilient adults and young people are happier, healthier as well as more productive, efficient, compassionate and collaborative as employees, customers, students and community service workers. Imagine Robinvale as a beacon of light and hope throughout Australia and the world, as a model community for healing transgenerational trauma and cultural integration.

## Project LIGHT: Australia is coming to Robinvale!

May 11-13 2017

Host



A Sharman HOPE Healing ©

Event Partner



### VENUE

Robinvale Community Arts Centre  
37 Robin Street,  
Robinvale Vic.



Annabelle Sharman



Dr Lori Leyden

### NURTURE • HEAL • TRANSFORM

This unique three day nurturing, healing and transformational experience is open to community leaders, youth caregivers and youth. They will learn the latest scientifically based skills and tools for trauma healing and resiliency from international trauma and resiliency expert, Dr Lori Leyden, known for her pioneering work in Rwanda with orphan genocide survivors and peace-building communities as well as Newtown, Connecticut, the scene of the Sandy Hook Elementary School shooting. This experience together will culminate in a celebration of our cultural diversity, shared dreams and commitment for healing ourselves, our children and our community.

### FACILITATOR

Dr Lori Leyden has over thirty years experience in the mental health field serving thousands of traumatised individuals in the United States and Rwanda as well as mentoring hundreds of mental health professionals and peace-builders supporting traumatised people around the world. She is the founder of the non-profit, Create Global Healing and the developer of Project LIGHT: Rwanda, the world's first international youth healing program that nurtured traumatised young people and their caregivers to heal, work and lead us into a peaceful future.

### PROGRAM

#### Thursday, May 11

9:00 am to 3:00 pm - Community elders and youth caregiver training

3:00 pm to 5:30 pm - Youth training

5:30 pm to 6:30 - Dinner

6:30 pm to 8:00 pm - Documentary Screening. *When I Was Young I Said I Would Be Happy*, chronicles Dr Leyden's transformational work with 12 Project LIGHT: Rwandan orphan genocide survivors and how they paid forward their healing to hundreds, from Rwanda to Sandy Hook, Connecticut.

#### Friday, May 12

9:00 am to 3:00 pm - Community elders and youth caregiver training

3:00 pm to 5:30 pm - Youth training

#### Saturday, May 13

9:00 am to 2 pm - A time for integration, intention setting and commitment to building and sustaining sacred community.

## ABOUT PROJECT LIGHT

Established in Rwanda in 2011 with 12 young adult orphan genocide survivors, Project LIGHT is a proven, comprehensive peacebuilding program based on five pillars: Trauma Healing, Heart-Centered Leadership, Conflict Transformation, Economic Sustainability and Community Building. A key component of Project LIGHT is its Train-The-Trainer facilitator program, *Accelerated Healing and Resiliency for the Peacebuilder (AHARP)* offering state-of-the-art, brain-based somatic release methods for healing trauma effectively and swiftly to support individual and community resiliency.

## HOST

With over twenty years experience in community services and more recently with a focus on natural healing therapies, founder of HOPE Healing, Annabelle Sharman has many qualities she brings to the Robinvale community. As a Social worker, Reiki Master – teacher and holistic healer, she is a leader of change and empowerment within this community.

A significant highlight in Annabelle's career has been the development and implementation of the *Journey Program*, which challenged mainstream delivery of wellbeing service program provision and was successfully implemented to local women and youth in her community. This program esteemed her with the *Lodden Mallee Regional Aboriginal Community Justice Award* in 2010.

The success of this Aboriginal created and led program was a catalyst for producing the film documentary *No More Shame*, which captures the story of the healing journey of local youth and community. In conjunction with this documentary she played an integral role in developing a collaborative partnership with *The Reach Foundation*, a leading youth organisation based in Melbourne. The partnership, over ten



years, has ensured local youth have access to collaborative leadership and mentoring, emotional and personal development support and life changing youth camps.

Annabelle continues to honor her Aboriginal cultural and spiritual heritage and shares her dream and vision for HOPE. She is a passionate, innovative and nurturing humanitarian who strives to create a healthy community by walking alongside others on their healing journey.

“Healing is everyone’s business – to grow a healthy Australia we must focus on Healing All”

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**Tickets:** <https://www.eventbrite.com.au/e/nurture-heal-transform-project-light-robinvale-tickets-33239487201?aff=efbevent>

